

## Artist Bio

Alyssa Fields is a representational oil painter who uses symbolism and narrative to convey the subject of vulnerability and intimacy. The themes within her work are inspired by personal trauma and how it reveals her current state of being. Her oil paintings feature female figures and symbolic objects associated with exploring what it means to have control of one's own sexuality. Originally from Tulsa, Oklahoma, Alyssa currently resides in Laguna Beach, CA.

## Artist Statement

My current work revolves around the subject of embracing sensuality. The figures in my work tend to be women and they are often accompanied by symbols of fruit, flowers, and fabrics. In my paintings, fruits have been torn open to reveal what is inside. They are tender, exposed, and vulnerable. I bring attention to them through vibrant color of the raw, luscious flesh of the fruit. In my work, the fruit is usually being handled by the female figure. I use the act of a woman handling the symbolic fruit as a metaphor about being able to have control of her own sexuality. The metaphor and symbolic nature of the fruit is very personal to me because it represents my own experience of clinging to vulnerability and intimacy after trauma.