

USHA SHUKLA

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UshaShuklaArt.com



I create abstract paintings that distill the light, the intense colors, and the constant movement in nature. The final visual is pure, ethereal, and cosmic with no physical references.

When I was a young girl, I enjoyed walks along the Indian countryside, taking in the beauties nature had to offer. Twenty years ago I moved to California, a place so much different from my native land. I felt out of place and disoriented. That is when I took sanctuary in nature. Today, when outdoors, I once more feel the same breath of fresh air that I felt in my childhood and my past and present become one. My paintings are the representation of a harmonious balance of my subconscious landscape and the physical world.

With a thought-out color palette and my unique process, I start on a journey of creation. When painting, I immerse myself into the process, get into a meditative trance, and let the painting guide me. It is always a balance of letting go and being in control. My head, heart, and hand become one and something pure and personal happens. Vapor-like shapes appear and disappear on the panel, leaving only traces of the initial layer, like the mere reverberation of a memory.

My work is collected by several local art collectors. I won the 2016-17 Clyde & Co Art Award for Emerging Artists, San Francisco. I have participated in several juried group and solo shows on the West Coast and have won awards. I have a public art mural in the city of Livermore, California. My six paintings are installed in the East County Hall of Justice, Dublin, CA, commissioned by the Alameda County Arts Commission. Two lamppost banners of my paintings are currently placed in the Inner Sunset, San Francisco, selected by the San Francisco Women Artists Gallery. Five of my works are in the permanent collection at the Sutter Hospital in San Francisco. I recently exhibited my work at Spectrum, Miami during the Miami Art Basel Week, 2019.

My work may be viewed at <https://UshaShuklaArt.com>

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I am at LinkedIn as <https://www.linkedin.com/in/ushashukla/>