

Amy Vidra is an abstract painter living in California. She grew up in Ohio where her escape and intrigue into the arts began and led her to receiving her BFA in Photography from The Cleveland Institute of Art. She is an award-winning artist whose work has been shown in Ohio, Missouri, New Mexico, California, and Canada.

Her simultaneous career as an art therapist has influenced her work and merged her two passions; interactions between people and their emotions combined with her love of color and abstract expressionism. Themes of her work include connections and contradictions, memories and time, patterns in nature, interior design and fashion. Through her use of color and form, static or absorption, transparency and solidity, adding or subtracting layers, scraping or mark making, she explores the idea of what we, as humans and artists, reveal or hide from others.